

TRANSGLOBE ENERGY CORPORATION ANNOUNCES PDMR SHAREHOLDING

AIM & TSX: "TGL" & NASDAQ: "TGA"

Calgary, Alberta, September 30, 2019 - TransGlobe Energy Corporation ("TransGlobe" or the "Company") announces that it was notified on September 27, 2019 that on the same day Randy Neely, President and CEO acquired common shares as follows:

PDMR	Date of Acquisition	Number of Common Shares Acquired		Number of Common Shares held following the transaction	issued share
Randy Neely	September 27, 2019	24,700	US \$1.359	200,000	0.276%

Notification of a Transaction pursuant to Article 19(3) of Regulation (EU) No. 596/2014

1 Details of PDMR

a) Name Randy Neely

2 Reason for the notification

a) Position / status President and CEOb) Initial notification / amendment Initial notification

3 Details of the issuer

a) Name TransGlobe Energy Corporation
 b) Legal Entity Identifier 549300QMNS6BDY8UUB03

4 Details of the transaction(s)

a) Description of the financial instrument Common Shares

Identification code ISIN for TransGlobe Energy Corporation Ordinary

b) Shares: CA8936621066

c) Nature of the transaction Acquisition of Shares

d) Price(s) and volume(s) Price (\$US) Volume

\$1.359 24,700

e) Aggregated information -

f)

Aggregated volume - 24,700 common shares
Aggregated price \$1.359 US per share
Date of the transaction September 27, 2019

g) Place of the transaction NASDAQ

About TransGlobe

TransGlobe Energy Corporation is a cash-flow focused oil and gas exploration and development company whose current activities are concentrated in the Arab Republic of Egypt and Canada. TransGlobe's common shares trade on the Toronto Stock Exchange and the AIM market of the London Stock Exchange under the symbol TGL and on the NASDAQ Exchange under the symbol TGA.

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TransGlobe Energy

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