MARGINAL ZONE LYMPHOMA: DISEASE OVERVIEW

WHAT IS LYMPHOMA?

- Lymphoma is the most common type of blood cancer and causes lymphocytes, a kind of white blood cell, to grow and multiply uncontrollably^{1,2}
- Around 90% of lymphomas are categorized as non-Hodgkin's lymphoma (NHL)¹

NHL was estimated to be the

8th

leading cause of US cancer deaths in 2020³

NHL can be classified into >80 different subtypes, which are further characterized as^{4,5}:



~60% ~40% Aggressive Indolent

PREVALENCE OF MZL



8,200

Approximately 8,200 new cases of MZL were expected in the US in 2020, with ~6,000 patients with relapsed/refractory MZL on therapy each year⁶⁻⁸

MALT

Nodal

Q

DIAGNOSIS OF MZL



- The origin of MZL is closely linked to an overstimulated immune system, brought on by autoimmune diseases and infections such as *Helicobacter pylori* and hepatitis C¹⁰
- Diagnosis of MZL is usually confirmed through a combination of a physical exam, laboratory tests, tissue biopsy, genetic testing, and imaging; a patient is also staged based on how much the disease has spread¹¹
 Splenic
- MZL can be further broken down into 3 subtypes⁶:
 - **Mucosa-associated lymphoid tissue (MALT) MZL** makes up ~60% of patients and is further classified as either gastric (developing in the stomach) or non-gastric; common symptoms may include abdominal pain, indigestion, heartburn, weight loss, and nausea^{6,12,13}
 - Nodal MZL makes up ~31% of patients; most patients present with enlarged lymph nodes^{6,11}
 - Splenic MZL makes up ~9% of patients; nearly 75% of patients present with an enlarged spleen^{6,14}

OUTCOMES OF PATIENTS WITH MZL

- MZL is generally considered to be a chronic and often incurable disease characterized by multiple recurrences and relapses¹⁵
- 91.1% of patients with MZL are alive 5 years after diagnosis¹⁶

1. Leukemia & Lymphoma Society, Fatts 2019-2020. https://www.lis.org/sites/default/files/file_assets/PS80%/20Facts_Book_2019-20_FINA_pdf. Accessed January 19, 2021.
2. Jymphoma Research Foundation. Getting the Facts: Non-Hodgkin Lymphoma. https://www.lis.org/sites/si