



2021 Annual Report

A Call to Mission



Dear Friends



My tenure as CMMB Board Chair has been a wonder-filled blessing for which I am deeply grateful! As I helped to lead and grow the CMMB mission, I learned a great deal about the hope and resilience of those we serve around the world, and the goodness and generous spirit of so many who help them.

I have been moved by the generosity of our donors, who remain consistently committed to those in need. I find this to be a hope-filled reminder of the goodness in our world.

I have been changed by our past CEO Bruce Wilkinson's profound commitment to global service and by current CEO Mary Beth Powers' excellent leadership and knowledge of the global health community; by the dedication of the Board of Trustees; by our talented, courageous Country Directors and staff; and by the steadfastness and creativity of our New York team. The courage, hope, creativity, and commitment of the CMMB community is heartening.

Our Mission

Inspired by the example of Jesus, CMMB works in partnership globally to deliver locally sustainable, quality health solutions to women, children, and their communities.

This year, our signature maternal child health program, known as CHAMPS, expanded the number of families reached with a package of health protective services. Our CHAMPS program provided health and social services to 641,149 people in hard-to-reach and often forgotten communities. Thanks to our efforts, over 24,865 women gave birth in a health facility with a skilled birth attendant, and 33,658 children under the age of one were fully immunized. Collaboration with community leaders and hospital staff has helped to strengthen, deepen, and expand the availability of services from the household to the hospital.

This year the COVID-19 pandemic has highlighted the reality of our global interconnectedness, our dependency on each other, and the fact that all people and jobs are essential to the wellbeing of the whole—something our work has made apparent as well. We have seen our world shrink. As Pope Francis reminds us, we are all brothers and sisters, all created by God in the image of God, and with this in mind, there are no strangers—just people we have not met.

In 2022, CMMB will celebrate its 110th anniversary of serving God's people. Once again, we renew our commitment to the Mission: to be inspired by Jesus, to work in partnership globally to deliver locally sustainable, quality health solutions to women, children, and their communities. As my term ends, I am confident that "God, who began this good work in you, will carry it on until it is finished ..." (St. Paul, Letter to the Philippians 1:6)

With deep gratitude and many blessings to all in the CMMB Community,

Sister Rosemary Moynihan

Sister Rosemary Moynihan, SC
Board Chair
CMMB

To Our Loyal Supporters

In our 109th year of operations, Catholic Medical Mission Board continued to address the pressing needs for health care and medicine in settings around the world. Given the current global health crisis, there has never been a more important time to serve others, and to confront the inequity in health services for the world's marginalized communities.

In my first full year at CMMB, I am struck by the dedication and work of our staff around the world to provide medicine and strengthen health care services for people in challenging settings. As if navigating a global pandemic were not complicated enough, we also have staff who have delivered health care and medicine in response to earthquakes, flooding, and drought, as well as uncertainty during national and local elections, facing risks to their own health and safety in the process. Health care workers faced daunting threats but continued to live the mission that they accepted after their training as professionals.

Examples abound in this report of the innovations and strategies CMMB and our partners employ to improve the quality of care available to communities in need. These range from the construction of newborn care clinics to teaching techniques like kangaroo care (pictured on the right), where skin-to-skin contact with the mother helps stabilize an infant's breathing and heart rate, and helps regulate the baby's temperature.

Besides our staff and partners, we have fielded dedicated volunteers who trained local counterparts, and, when conditions allowed, served alongside health professionals in Sudan, South Sudan, and Haiti, in spite of the risks of the coronavirus. These health missions hearken back to our founder's intent, almost 110 years ago, to support mission hospitals and clinics through the volunteer health professionals that we still field today.

We selected "A Call to Mission" as the theme for 2022, our 110th anniversary year. We have not wavered in our response, nor in our invitation to others to join us in answering the call, in whatever way they are able to help. Some volunteer with us; some make donations to us; some pray for our staff and our work. We are grateful to have all these types of support to help us extend the healing presence of Christ in the world today.

I hope you enjoy learning more about our work and continue on the mission with us!

Sincerely,



Mary Beth Powers
President and CEO
CMMB



Our Vision

A world in which every human life is valued, and health and human dignity are shared by all.



CMMB's 110th Anniversary— A Call to Mission

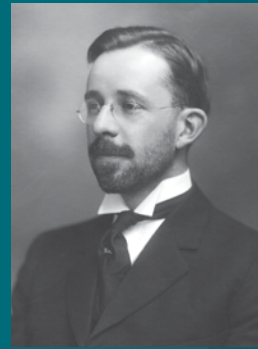
For 110 years, members of the CMMB family have been guided by their faith, answering the call to mission to help serve those in need. This call to mission takes many shapes with the purpose of serving and caring for others. For some, this calling is answered by serving in remote communities, sharing skills and teaching others so that they in turn can provide care, love, and support. Others answer this call by supporting our efforts, allowing us help provide for others. This is rooted in our unwavering belief that every human life must be valued and that health and human dignity should be shared by all.

We have shared a timeline of milestone dates over the course of our 110 years. Please visit our website at cmmb.org/history where you can find more information about our history and the care that together, we have been able to provide.

110 years of service is a result of all who have supported the organization and the shared belief that together we love our neighbor, and together we provide care for our neighbor.

“Service is the sign of true love. Those who love know how to serve others. We learn this especially in the family, where we become servants out of love for one another. In the heart of the family, no one is rejected; all have the same value.”

— Pope Francis



1912

CMMB founder Dr. Paluel Flagg makes his first trip to Haiti to treat leprosy patients.



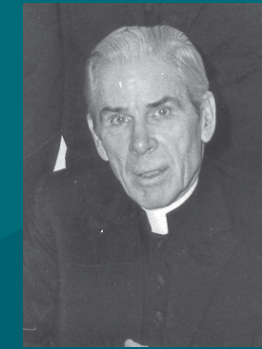
1928

Led by CMMB's first Executive Director, Father Edward Garesche, CMMB is formally incorporated, and sends our first medical mission team to Puerto Rico to aid hurricane victims.



1931

Father Garesche organizes hundreds of volunteers clubs around the US, named the Blue Cross Circle, to collect unused medicines and bandages to be sent overseas.



1946

The Venerable Archbishop Fulton Sheen joins CMMB's board and ushers in an expansion of the Medical Donations Program through his relationships with US pharmaceutical leaders.



1950s

Medical Volunteer Program transitions from a resource service to placing CMMB volunteers on medical mission trips.



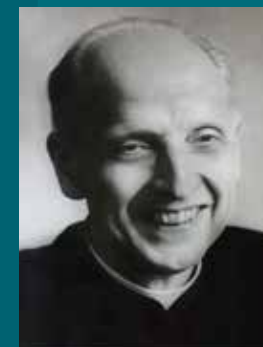
1961

CMMB acquires a warehouse in NY, formally launching the Medical Donations Program and increasing the volume of medicines and supplies sent to those in need.



1965

CMMB begins serving communities in Zambia.



1966

Father Joseph Walter, CMMB's longest serving Executive Director, establishes funding for CMMB driven projects and programs.



1970

CMMB begins serving communities in Peru.



1978

Mother Teresa makes one of her visits to CMMB to collect an annual allocation of leprosy medication for her 45,000 patients.



1989

CMMB is awarded the prestigious Damien-Dutton Award for our medical support toward the eradication of leprosy.



1999

CMMB is a founding member of Partnership for Quality Medical Donations (PQMD), at the forefront a global alliance leading the development of high standards in medical supply and service donation.



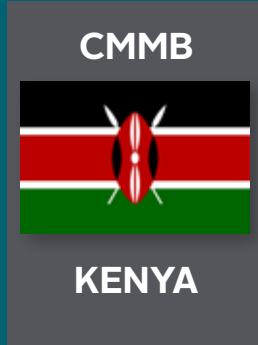
2000

CMMB launches Choose to Care, a five-year, \$5 million commitment to provide care to those living with HIV/AIDS.



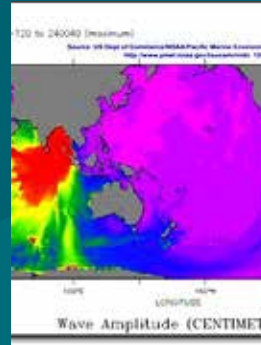
2004

Funded through PEPFAR, CMMB joins a Catholic consortium, AIDSRelief, providing prevention measures and treatment for HIV/AIDS.



2005

CMMB begins serving communities in Kenya.



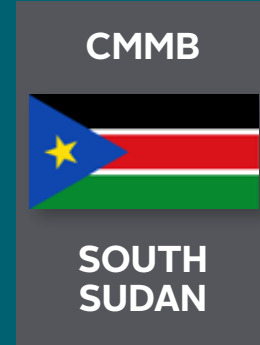
2005

CMMB sends \$4.9 million in medical relief in response to the Indonesian tsunami which claimed 225,000 lives.



2006

CMMB places 286 volunteers in 33 countries, providing 18,233 days of service valued at \$5.6 million. Our largest cohort to date.



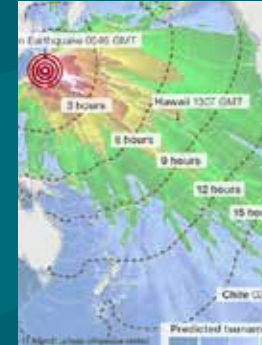
2010

CMMB begins serving communities in South Sudan.



2010

CMMB sends \$49.7 million in medicine and medical supplies to Haiti to aid recovery after the earthquake which claimed 300,000 lives.



2011

CMMB sends relief for the Japanese tsunami and earthquake.



2014

The First Thousand Days initiative begins in Peru, helping vulnerable groups, including expectant mothers and children during the period between birth and age two.



2015

CMMB launches CHAMPS pilot program. By investing in health solutions for women and children and providing health, dignity, and justice, CHAMPS delivers on the promise of a better future.



2017

The Bishop Joseph M. Sullivan Center for Health opens in Cotes-de-Fer, Haiti, serving 135,792 community members who previously did not have access to quality healthcare.



2017

In July 2017, the first group of medical residents traveled to eastern Kenya to begin an eight-week placement.



2018

CMMB launches new strategy for CHAMPS, formulated for improving Mothers, Newborn and Children's Healthcare services at the community level.



2019

Medical Donations Program provides support for internally displaced people in protracted humanitarian crises in South Sudan, Syria, Yemen and CMMB also provided emergency relief to the Bahamas, Mexico, Mozambique, and Zimbabwe.



2020

Pandemic/COVID-19 response Guatemala, Haiti, India, Kenya, Peru, South Sudan, Zambia. CMMB responds to the explosion in Lebanon.



2021

A 7.2 magnitude earthquake strikes Haiti. Within hours, CMMB launches an emergency response sending medical supplies, including antibiotics, pain killers, antiseptics, orthopedic supplies, and bandages on the ground in Haiti.



2021

CMMB responds to hurricanes Eta and Iota, and natural disasters in Guatemala, Honduras, and Nicaragua.



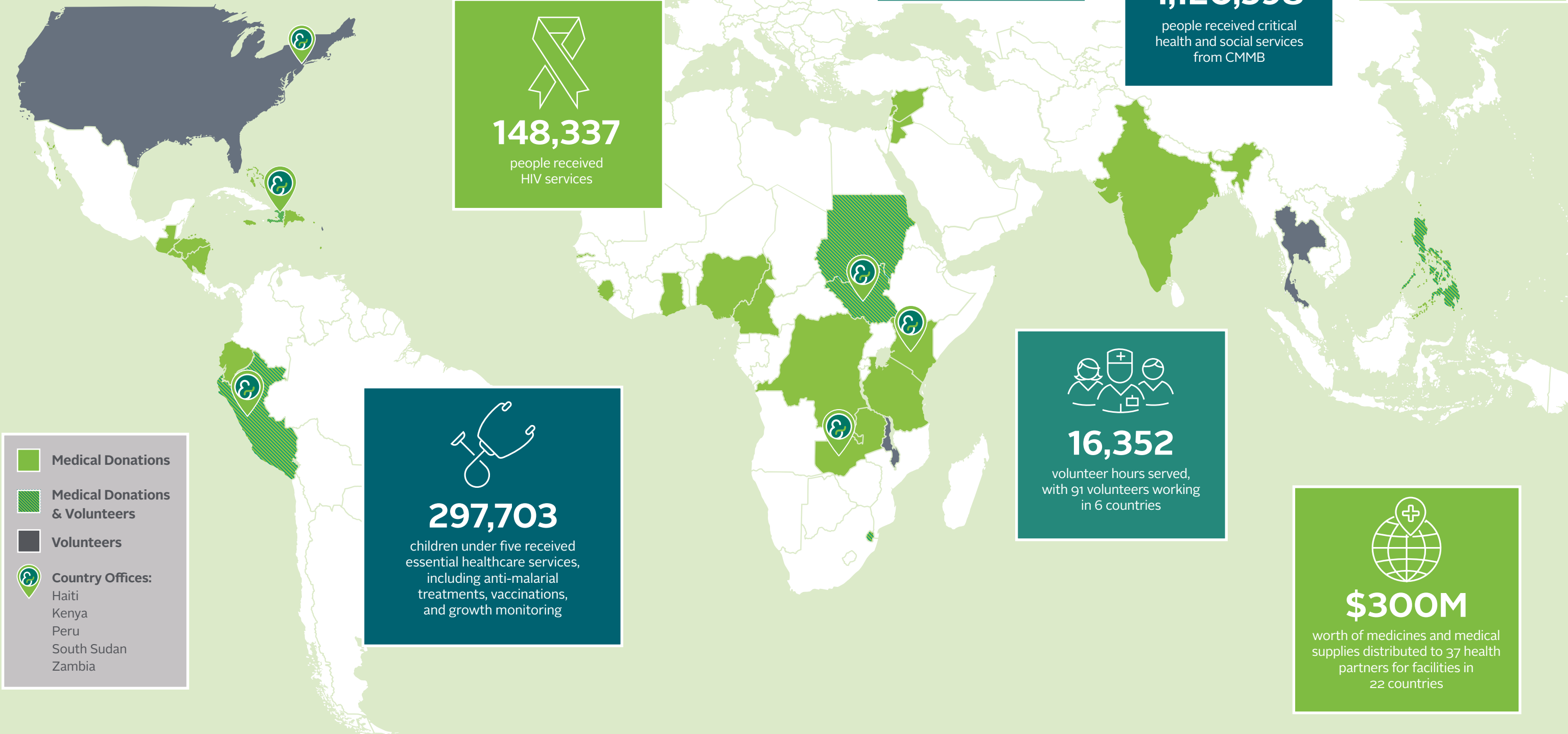
2021

CMMB's COVID-19 efforts are amplified as CMMB partners with the ministries of health and begins vaccination programs in Haiti and South Sudan.



The Big Picture in 2021—Thanks To You

For 110 years, CMMB has worked globally to improve the health and well-being of people living on the margins of society and to alleviate their suffering. Inspired by the generosity of many, we work in partnership with local communities, governments, volunteers, and other relief organizations to implement sustainable solutions to improve the health of women and children, and strengthen local health systems.



Medical Donations

Medical Donations & Volunteers

Volunteers

Country Offices:
 Haiti
 Kenya
 Peru
 South Sudan
 Zambia



A CALL TO MISSION

COVID-19:

Prevention, Preparedness, and the Need for Vaccines

As the fight against COVID-19 entered its second year, many truths and disparities were magnified and brought to light. The most important of these are healthcare inequities, as demonstrated by the continued lack of vaccines in low-income countries.

These inequities place an even greater significance on CMMB's prevention and preparation efforts in the communities where we work. Regular assessments and data gathering from health facilities play a critical role, ensuring that each facility is properly staffed and supplied with PPE, medicines, and medical supplies.

CMMB built triage units to identify those with COVID-19 before they entered health facilities and isolation centers in order to protect those who are not infected, like expectant mothers traveling to health facilities for prenatal care.

To educate and address vaccine hesitancy and misinformation, CMMB worked with trusted faith leaders and respected members of the community, providing sermon guides and educational materials to address concerns about vaccines, wearing masks, and taking necessary precautions. Community health workers play an invaluable role in education efforts

continuing their outreach for the benefit of their communities.

As vaccines have slowly made their way into South Sudan and Haiti, CMMB has been a leader in the national campaigns to administer vaccines. CMMB was one of the first organizations in South Sudan to receive vaccines, and administered doses in 14 hospitals and health centers across Yambio, Nzara, Ezo, and Mvolo counties. That undertaking served as the foundation for CMMB's broader vaccination campaign. In 2021, our team in Haiti provided 10,507 individuals with at least one vaccine dose representing 21% of the total number of people who received one vaccination.

In Haiti, CMMB has set up mobile vaccination teams, using 21 sound trucks to announce mobile vaccination rallies, deploying town criers, and disseminating vaccination information nationwide through radio programs across 27 urban and rural stations. 906,571 individuals were reached with awareness messages, including the importance of vaccinations to fight COVID-19.

Leveraging trusted relationships with communities and ministries of health, we will continue to educate and expand vaccination efforts in poor, remote areas.

154

Infrared Thermometers, 95 Pulse Oximeters, 65 Blood Pressure Monitors and 24 Oxygen Concentrators were provided

10,507

COVID-19 vaccinations administered in Haiti and South Sudan

382

Handwashing stations, 5,793 hand sanitizer (liters) 30,101 of hand soap (liters or bars)

CHAMPS: A Platform for Resilience in Rural Communities

Guided by evidence in the global health field, CMMB's signature Children and Mothers Partnerships (CHAMPS) program brings quality healthcare to the last mile in remote communities to help women and children. We prevent and treat the major threats to their health—including unsafe deliveries, newborn care, malnutrition, malaria, pneumonia, diarrhea, and other childhood diseases—by taking healthcare to extremely poor and isolated communities.

Under CHAMPS, CMMB trains healthcare workers, places skilled volunteers in rural hospitals to mentor staff and provide specialized services, and supplies those facilities with critical medicines and equipment to improve healthcare quality. CMMB also undertakes major infrastructure improvement efforts, such as building maternity clinics and water access points and procuring ambulances to assist mothers who otherwise would have to walk up to 30 miles to the closest clinic.

CHAMPS also addresses HIV and water and sanitation challenges. Our CHAMPS sites operate in Kenya, South Sudan, Zambia, Haiti, and Peru—reaching 641,149 people this past year alone.

In 2021, CHAMPS provided the tools and resources necessary to strengthen the

resilience of communities in times of crisis. As a trusted partner, embedded within communities and local healthcare systems, CMMB was poised to respond quickly as COVID-19 and other challenges arose. CMMB received a generous gift from an anonymous donor after studying the impact of our CHAMPS program, which allowed us to expand the geographic footprint of CHAMPS into more communities and to increase the range of services delivered. Thus, despite political turmoil, a raging pandemic, and multiple natural disasters, CHAMPS programming reached more people with significantly improved services.

In Haiti, despite a devastating earthquake, a shocking presidential assassination, widespread gang violence, and surges of COVID-19, CMMB staff and community health workers stood strong in serving the women, children, and families of rural Côtés-de-Fer. At Bishop Joseph Sullivan Hospital in Haiti, we expanded services to include radiology and dental care.

Where many failed to see past today's challenges, our teams looked towards tomorrow. They remained steadfast in their commitments to deliver health and hope to women, children, and entire communities.



100%

of pregnant women in Côtés-de-Fer were visited by community health workers

98.9%

children under 1 years were fully immunized in Cotes-de-Fer versus the national coverage of 41.0%

100%

vaccination rate of staff at Bishop Joseph Sullivan Hospital against COVID-19



A CALL TO MISSION

Maternal and Newborn Health: Supporting Mothers to Give Birth Safely



Every 11 seconds, a pregnant woman or newborn dies, mostly from preventable causes. For mothers and their babies, the period surrounding birth is an especially vulnerable time. Skilled facility-based care during pregnancy and childbirth is one of the most critical interventions for improving maternal and neonatal survival.

Yet, women in low-resource, rural settings continue to face many barriers to deliver at a healthcare facility or with a skilled birth attendant. The nearest facility is often too far to reach by foot, especially once a woman has gone into labor. Transport costs can also be too high, and bad roads and weather conditions compound these problems.

For expectant mothers, CMMB is improving access to facility-based deliveries by skilled medical personnel located in rural communities through emergency referral transport—ranging from ambulances and motorcycle taxis to rickshaws and oxcarts—enabling women to access life-saving maternal and newborn care.

Within health facilities, CMMB is also improving emergency obstetric and newborn care. In South Sudan, CMMB

opened a new maternity ward at St. Therese Hospital in Nzara. CMMB expanded its support from four facilities to 22 health facilities—allowing 4,071 women to deliver babies at health facilities with skilled birth attendants.

In Kenya, CMMB built, equipped, and staffed three maternity wards with delivery rooms and postnatal care rooms. CMMB also equipped and staffed two at-risk newborn units, doubling the newborn care unit capacity of the entire Kitui County. Across CMMB programs, 31,584 newborns were provided with quality neonatal care in the first week of life.

CMMB is also supporting women to become agents of change in Kenya through women's groups where pregnant women learn about the importance of having a skilled birth attendant, best practices for infant wellbeing, and good hygiene practices. These women's groups provide emotional support for expectant mothers and a place where they can address their concerns.

Through the meetings, women have become champions within their communities, encouraging others to seek out maternal and neonatal services.

152,792

pregnant women received health and social services from CMMB

24,865

pregnant women were assisted by skilled birth attendants at a health facility

65,982

pregnant women were supported with an antenatal care visit



Child Health

A CALL TO MISSION

Children's Health: Prevention Is Key to Supporting Children's Health

For parents, there is nothing worse than when your child is sick—which is why CMMB's children's health initiatives focus on prevention. Across the communities where we work, the incidence of preventable deaths among children under age five is far higher than it should be. This is why CMMB trains and equips community health workers and local healthcare staff to reach children with services in their homes and to educate families on healthy practices so children can enjoy their childhood, happy and in good health.

While COVID-19 diverted global attention and resources from childhood vaccination campaigns, CMMB teams around the world continued the life-saving work of immunizing children in under-resourced communities. This year, we supported the full immunization of 33,658 children under the age of one against killer diseases such as diphtheria, tetanus, whooping cough, hepatitis B, and measles.

We supported critical malaria prevention and treatment efforts because malaria is one of the deadliest threats to children in many of the communities we serve. Through our case management approach, trained and adequately supported

community health workers delivered life-saving interventions at the household level to aggressively track, prevent, and treat malaria. This year, CMMB provided 1,730 long-lasting bed nets to mothers attending antenatal care visits and treated 6,533 children under five for malaria.

We helped promote healthy growth for children because no child should suffer from the short- and long-term consequences of malnutrition. Community health workers are committed to monitoring children's growth and referring them for treatment as early as possible. In addition, community health workers and nutrition specialists work with caregivers to provide education on how to prepare nutritious food for their children. In 2021, CMMB treated 14,531 children for acute (moderate and severe) malnutrition.

Every child deserves a chance to thrive. Prevention efforts are critical components that help improve the overall health of a child. Community health workers are on the frontline of these efforts, helping educate families and encouraging visits to healthcare facilities. Many infectious diseases are preventable and treatable, bringing care and hope for both children and their families.



297,703

children under the age of 5 were provided health services

33,658

children under 1 year old were fully immunized

14,531

children under 5 were treated for malnutrition at health facilities



A CALL TO MISSION

WASH: Investing in Sustainable Water Solutions



One in four healthcare facilities around the world lacks clean water, impacting over 2 billion people. Proper water, sanitation, and hygiene services in health facilities are critical for infection prevention and control and for delivering quality care. Unsafe water causes diarrhea and transmits diseases such as cholera, dysentery, typhoid, and polio. It results in countless preventable deaths, killing over 2,000 children every day.

Bernaddete is a mother of five children and lives in a rural village in Zambia. The closest water source is an hour away on foot: a polluted seasonal pond that is shared by domestic animals.

Bernaddete uses P&G water purification packets to quickly turn dirty, potentially deadly water into clean, safe water. Through our partnership with The P&G Fund of the Greater Cincinnati Foundation, CMMB is ensuring remote communities have access to safe drinking water.

CMMB is also investing in water infrastructure to ensure long-term access to safe water for rural communities and health facilities. We are digging solar-powered borehole wells, installing indoor plumbing in health facilities, and

constructing handwashing stations, rainwater catchment systems, latrines, and much more.

In Kenya, CMMB has helped construct an ecologically safe sand dam. The dam provides access to water to approximately 16,500 residents in the surrounding villages. It also provides potable water to a government health facility with a maternity ward, serving over 205 mothers each year—making it one of the few health facilities in the entire county that has reliable running water.

In South Sudan, CMMB installed handwashing stations across health facilities serving approximately 7,000 patients each week. At Ezo Hospital, CMMB constructed a solar-powered system that pipes water from a borehole well into storage tanks and then to handwashing stations at the hospital entrance.

Increasing access to clean water, sanitation, and hygiene is an integral part of CMMB's commitment to mothers like Bernaddete and their communities. Our clean water investments will have a life-saving impact for years to come.

237,319

people were reached with water treatment and purification products

26,500

people received increased access to safe water through handpump repairs

382

community handwashing stations were installed



A CALL TO MISSION

HIV/AIDS:

Empowering Youth for a Brighter Future

CMMB is helping prevent the spread of HIV/AIDS in vulnerable communities around the world by harnessing the power of information, personal skills, and opportunity among adolescents.

Our work in HIV/AIDS ranges from preventing mother-to-child transmission of HIV to prevention among adolescents to widespread testing and treatment. We work with community members on the ground to launch innovative, sustainable projects that are informed by the people we serve.

In the under-resourced communities of Kenya and Zambia, adolescents—especially young girls—are extremely vulnerable to contracting HIV, due to scarce educational and economic opportunities, and societal norms that limit girls’ abilities to make decisions for themselves. At CMMB, we are using youth-centered initiatives to help reshape this reality.

In Kenya, and in partnership with the Global Fund, CMMB launched a series of interventions designed to enhance HIV-related knowledge, awareness, and risk perception amongst youth in creative ways. Over the past year of the program, CMMB connected with 13,897 adolescents through creative tactics like role-play,

songs, icebreakers, movies, and more, which have encouraged participants to adopt new perspectives on HIV/AIDS and embrace healthy habits that can open the door to new opportunities and brighter futures.

In Zambia, CMMB partnered with PACT to launch the USAID-funded Zambia Community HIV Prevention Project. CMMB’s DREAMS program (Determined, Resilient, Empowered, AIDS-free, Mentored, and Safe) welcomed 51,227 young girls in 2021—and more than 250,000 over the project lifespan. In these spaces, CMMB trains youth mentors to start and facilitate discussions with vulnerable girls about transmission risks, how to access care, and, importantly, the right they have to make choices that will lead to a better future. In DREAMS Safe Spaces, we connect girls with opportunities, like vocational training, as well as much-needed support to complete their education—to help them achieve that future.

At CMMB, our teams are combating the spread of HIV/AIDS by empowering youth with knowledge, skills, and resource opportunities to stay healthy and claim the future they deserve.



148,170

individuals accessed HIV services

42,572

HIV-positive people currently enrolled on anti-retroviral treatment

39,303

HIV-positive pregnant women who know their HIV status at their first antenatal care visit



A CALL TO MISSION

Strengthening Healthcare Systems: Building Capacity and Self-Sufficiency



Building the capacity of local healthcare remains at the heart of our work. A well-trained rural health workforce and well-equipped referral facilities are the cornerstones of a strong, sustainable healthcare system.

Most maternal and newborn deaths can be prevented through access to basic health services and quality emergency obstetric care. To save more mothers and babies, CMMB is working to strengthen the technical capacity of health facilities staff in remote settings by providing them with vital support for continuous medical training, equipment, and supplies.

Due to the COVID-19 pandemic, CMMB enlisted expert volunteers to provide clinical training and capacity building virtually. In addition, CMMB field staff continued capacity building partner health facilities through on-site mentoring and online coaching.

CMMB Kenya has trained 92 healthcare workers to build their skills in emergency obstetrics and newborn care. “We know that skilled care before, during, and after childbirth can

make the difference in health outcomes. It is critical for reducing maternal and newborn illness and death,” said Dr. James Kisia, country director of CMMB Kenya. CMMB Kenya also built three maternity wards and delivery rooms.

In South Sudan, the acquisition of three ambulances significantly improves mothers’ access to new maternity facilities funded by CMMB. Otherwise, women in labor would be forced to travel on the back of a motorcycle or walk for miles so that their baby could be delivered in a safe setting with skilled healthcare workers.

CMMB has improved access to safe water and sanitation in health facilities, which improves infection prevention and control for staff and patients. We installed and supplied over 382 public handwashing stations, which also helped to prevent the spread of COVID-19.

Increasing the capacity of health care systems through staff training, infrastructure improvements, equipment, and medical supplies strengthens health systems and results in better health outcomes for entire communities.

294
health facilities
were supported
by CMMB

33,071
households were visited
by community health
workers

164,211
individuals were reached
by community health
workers



Volunteers

A CALL TO MISSION

Volunteer Program: Remote Volunteering— Increasing Avenues of Service

In the face of risks and travel restrictions posed by COVID-19, CMMB's Volunteer Program adapted and innovated, enabling volunteer health experts to continue helping to strengthen health systems.

The remote footprint of the program grew and provided opportunities for medical and public health professionals to support COVID-19 response efforts and our ongoing programs. CMMB mounted trainings for information, education, and communication (IEC) and for building the resilience of healthcare workers. We heard calls for technical support and education on a variety of topics, including COVID-19's effects on maternal and child health, malaria, clean water, nutrition, vaccination, and infection prevention and control.

Dr. Joseph Sclafani, an OB/GYN and CMMB volunteer, was one of the first educators to host a live webinar training on maternal health and the effects of COVID-19. "We realized that there was an enormous need for staff education in hospitals supported by CMMB to adequately prepare for the ensuing pandemic," said Dr. Sclafani. Constant updates were communicated to address the rapid evolution of the infection and the information available. "The medical teams sought guidance in the best practices to treat COVID-19 infected

mothers and their newborn babies. We also needed to redesign the hospital and maternity clinics to minimize the infection risk to the medical and nursing staff and to other patients."

CMMB expert volunteers also planned and executed an invaluable resiliency training for field staff and healthcare workers who were overwhelmed by COVID-19. It drew upon the fields of mental health and spiritual self-care, with practical guidance for our front-line heroes in Haiti, Kenya, Peru, South Sudan, and Zambia.

Digital education has been an important tool for improving the competencies and satisfaction of health professionals. Clinical education effectively improves the quality of healthcare services provided, improves retention, increases engagement of staff, and helps tackle human resource-related challenges common in remote health facilities.

CMMB's Volunteer Program has tapped international experts to help empower people in developing countries by training healthcare workers in poor, remote communities and increasing care for women, children, and families—all the while managing our way through the restrictions brought on by COVID-19.

16,352

hours served by
CMMB volunteers

91

volunteers
served in 2021

6

countries received
support from CMMB
volunteers





A CALL TO MISSION

Medical Donations Program: Delivering Hope to the Most Vulnerable Corners of the World

CMMB's Medical Donations Program (MDP) helps bridge the gap for access to quality healthcare. In 2021, CMMB delivered medicines and medical supplies to health facilities in 22 countries.

MDP expands its impact through robust partnerships with pharmaceutical companies, medical supply manufacturers, and hospital systems that donate resources. Our partner healthcare organizations and facilities around the globe help us ensure these donations reach patients in the greatest need, free of charge.

In 2021, these partnerships meant doctors and nurses could administer care without worrying about their personal protective equipment (PPE) running out. For patients, this means a second chance at life, as the pandemic has not reduced the urgency of emergency response or chronic disease management for populations in need.

Lebanon's Growing Crisis Triggers Extended Emergency Response. Lebanon's long history of regional instability, civil war, and steep economic

decline has made its healthcare system among the world's most fragile.

Additionally, the influx of refugees from Syria and Palestine, COVID-19, and the lingering effects of Beirut's deadly explosion have increased the population's need for healthcare. CMMB supported several partners on the ground in Lebanon to provide critical care.

One notable aspect of our emergency response in Beirut was the provision of a two-layer skin regeneration system manufactured by Integra Life Sciences. This helped to support the recovery of victims of the deadly explosion.

"I met a patient with extensive burns from the blast. Looking at her own scars transported her back to the dreadful event," said Dr. Jamie Bejjani, a pharmacist at a health facility in Beirut. "With this medical aid for reconstructive treatment, not only can she heal physically, it may help her move on psychologically as well."

Haiti Earthquake Response

In the hours after the August earthquake hit, CMMB staff in Haiti began relief efforts, distributing medicines and medical supplies including antibiotics, antiseptics, orthopedic supplies, and bandages into the devastated communities damaged by the earthquake. Our distribution center, based in New York, began readying additional aid, sending 40-foot containers of desperately needed supplies.

The earthquake damaged both hospitals and health clinics, increasing the urgency for coordinated relief efforts.

Thank you for supporting our collective efforts to provide medicines, medical supplies, and the resources to help rebuild health facilities destroyed by the earthquake.



22

countries received medicines and medical supplies

\$300

million worth of medicines and medical supplies were distributed

120,000

masks, 164,000 gloves and an additional 7,766 units of PPE distributed

Gratitude For Our Frontline Healthcare Workers

Prior to COVID-19, the jobs of our staff and frontline healthcare workers required overcoming the daily challenges of bringing care and hope to remote communities, facing demands that could challenge even the most committed of staff.

The demands have increased substantially since the onset of COVID-19.

Peru has experienced one of the world's highest COVID-19 death rates, despite enduring frequent lockdowns to help slow the spread of the virus. With the lockdowns came an economic crisis as businesses closed, jobs were lost, and families went hungry. Malnutrition threatened hard-won gains against anemia in women and children.

The emotional and mental well-being of all healthcare workers and caregivers has been a growing concern, but particularly so in low-resource countries. CMMB staff continued to serve, but at a high cost. With the prolonged stress and demands placed on them, care was needed for the caregivers.

Recognizing the strain on its staff, CMMB Peru began a concerted and ongoing effort to address the emotional state of staff and their families. Our country office team implemented one-to-one counseling for frontline health professionals. Outreach programs were scheduled with home visits and phone calls, and messages of spiritual and emotional support were made to community health workers, health professionals, and their families.



We will continue to support our frontline workers and caregivers, and thank each and every member of our staff for their service during

extremely trying and demanding times. We ask that you keep them in your thoughts and prayers as they answer their call to mission.

Thank You to Sr. Rosemary Moynihan



Sister Rosemary Moynihan joined the CMMB board in 2016 and has served as the board chair since 2018, helping guide the organization through times of growth and change. With her time as board chair complete, Sr. Rosemary will continue to serve on the Governance & Nominations and Programs Committees on CMMB's board.

Sr. Rosemary's faith and commitment to helping others has served as a guiding light for all members of the CMMB family. Integrating Catholic social teachings as core principles of our work strengthens our belief in the dignity of the human person, and that

every person should be able to meet their needs and realize their potential.

As Sr. Rosemary recently stated in her Christmas message to us all: "He reminds us that we are called, just as the Good Samaritan, to be neighbors to those in need, to recognize Christ in the face of those who suffer or are excluded or marginalized, and to create a more just and inclusive society for all."

We thank you for your guidance, inspiration, and leadership and are thankful and blessed that you will continue on as a member of our board.

Happy 5th Birthday!



Mukelabai is four years old and the middle child in his family of six. Mukelabai is looking forward to celebrating his fifth birthday soon—a milestone he may have never seen without support from CMMB programs in Zambia.

Mukelabai was home when he came down with a high fever and started having convulsions. His condition worsened quickly, and his parents began became frightened. Fortunately, Mukelabai's father participated in CMMB's Men Taking Action program, where he learned about the importance of healthcare for his family and the importance of knowing when to seek help. Along with his wife, he reached out to their community health worker, who came to their home to assess Mukelabai. The community health worker confirmed with a test that Mukelabai had a severe case of malaria—one of the most common causes of death for children under five in the region.

Mukelabai was rushed the nearest health facility where he was given antimalarial medication and medicine

for the pain. His story is both inspiring and illustrative: There are too many instances where parents are hesitant to reach out for help, not understanding the severity of a child's sickness or condition. Because of his parents' actions—and their participation in the Men Taking Action program—Mukelabai's condition improved, and he made a full recovery.

Mukelabai's story is the story of CMMB: educating members of the community on how to care for their families, bringing sustainable, local health solutions to the household level, and ultimately providing medicine and care that saves lives.

Happy almost-fifth birthday, Mukelabai! We are proud to celebrate more milestones with children and families around the world in 2022.

Institutional Partners

CMMB gratefully acknowledges the governments, multilateral and bilateral agencies, corporations, foundations, and organizations that support our work.

Multilateral and Bilateral Agencies

Centers for Disease Control
European Union
The Global Fund to Fight AIDS, Tuberculosis and Malaria
UNICEF
United Nations Voluntary Trust Fund
USAID
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CMMB thanks all our generous supporters and gratefully acknowledges your contributions. Our sincere apologies to anyone whose name was inadvertently omitted from this list.

Photo credits: Gareth Bentley, Sebastian Narcisse, Jok Solomon, and Sarah Rubino
Please note: Some photos were taken prior to COVID-19, before masks and social distancing protocols were put in place.

You Can Make A Difference

Firm in our faith, CMMB has been providing quality healthcare and dignity to the poor for more than a century.

Our core values of love, collaboration, excellence, and respect have stood the test of time, and we've grown into a global, faith-based, humanitarian organization, thanks to your steadfast generosity and compassion.

As we carry out our shared mission to serve vulnerable women, children, and families in need, we hope you will continue to partner with us.



Get Involved through Planned Giving

Ways To Give

Your tax-deductible gift to CMMB will enable us to continue to deliver sustainable, impactful healthcare programs. Our services and deployment of essential medicines and supplies reach the most vulnerable. To give online, visit cmmb.org/donate

Join the Legacy Society

By naming Catholic Medical Mission Board in your will or as a beneficiary of your life insurance policy or remaining IRA funds, your legacy of compassion and generosity will live on for millions of children and families around the world. For more information, visit cmmblegacy.org

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A charitable annuity is a simple agreement between you and CMMB. In exchange for your gift of cash, stock, or mutual funds, CMMB will pay you (and, if desired, another beneficiary) a fixed income for life. After your lifetime(s), proceeds remaining from your gift will help provide necessary support for vulnerable women and children in the areas we serve. cmmb.org/CGA

For a personalized summary of annuity benefits based on your age and gift intentions, please contact Emily Chau, Planned Giving Officer, at 212-609-2588.

IRA Distribution

Supporters who are 70 ½ years or older can make a distribution from your IRA to CMMB for up to \$100,000 without reporting the withdrawal as taxable income. To calculate your RMD and make a tax-free gift to CMMB from your IRA, visit cmmb.org/IRA

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Donor advised funds are an increasingly popular way to support CMMB with funds you have already set aside for charitable purposes. Please consider making a grant to CMMB through our DAF Direct portal by going to cmmb.org/donor-advised-fund

Matching Gifts

You can double or triple the impact of your gift if you or your spouse work for a company with a matching gift program. Please contact our Donor Relations Team directly at 212-609-2597 if you have any questions or need assistance in making your donation to CMMB.

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Financials

Stewardship in Fiscal Year 2021, in US Dollars

Donated Goods & Services	\$ 370,544,358
<i>Pharmaceuticals and Medical Supplies</i>	369,772,802
<i>Medical Volunteers Program</i>	771,556
Contributions & Other Revenue	\$ 45,845,509
<i>Government</i>	15,575,501
<i>Individuals</i>	10,988,464
<i>Corporations, Foundations and Organizations</i>	6,522,047
<i>Trust and Estates</i>	4,077,730
<i>Other</i>	8,681,767

TOTAL SUPPORT THROUGH SEPTEMBER 30, 2021 **\$ 416,389,867**

Program Services Expenses	\$ 345,623,641
<i>Pharmaceuticals and Medical Supplies</i>	315,224,377
<i>Medical Volunteers Program</i>	1,041,414
<i>Support for Health Projects</i>	29,357,850
Supporting Services Expenses	\$ 11,067,987
<i>Fundraising</i>	6,492,160
<i>Administration</i>	4,575,827

TOTAL EXPENSES THROUGH SEPTEMBER 30, 2021 **\$ 356,691,628**

Beginning net assets: \$ 69,130,742

Ending net assets: \$ 134,033,555



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