**FOR IMMEDIATE RELEASE**

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**TOP 5 PET-APPROVED SUMMER TRAVEL TIPS**

*Crack the code of pet travel with these pawfect ideas*

**ST. LOUIS, Mo. (June 10, 2022)** – You booked your stay at a one-of-a-kind cabin in upstate New York, and the Catskills are calling your name, but what about your best furry friend, Rufus? How do you pack for an epic vacation that you and pet will both enjoy? This summer, here are the Top 5 tips for a pet-friendly road trip.

**1. Bring the Toys**

Pets, especially dogs, need mental stimulation in addition to daily exercise. Grab an old gym bag, a tote, or buy Rufus a special suitcase, and pack it full of your pet’s favorite toys. Be sure to include some high-stimulating toys like tennis balls, a frisbee, toys you can stuff with treats or a favorite chew toy. Your pet definitely won’t be asking ‘are we there yet?’.

**2. Road Snacks**

No road trip is complete without great snacks for you and your pet. But what should you bring for snacks? Our favorite travel-friendly foods are Instinct® [Raw Boost Mixers](https://instinctpetfood.com/dog/raw-toppers/) and [Freeze-Dried Raw Meals](https://instinctpetfood.com/dog/freeze-dried-raw-meals/). Made with responsibly sourced meat, non-GMO fruits and vegetables plus other wholesome ingredients, freeze-dried products are the perfect protein-packed food to bring on your road trip!

**3. Run and Play**

We all need to hit up rest stops for the occasional break, and so does your dog. In fact, Rufus might need more breaks than you think! Plan your route to include dog-friendly rest areas and dog parks so they can stretch their legs with a quick game of fetch. We often underestimate how much exercise our pets need. This extra step will help alleviate stress for you and your dog, and help them sleep soundly in the car.

**4. Bring their ID**

You aren’t the only one who needs to bring proper ID with you on a trip. Make sure your pet has a collar with your name and phone number on it, so if you lose them, you’ll be able to find them again. Also, make sure you have a few good pictures of your pet, just in case.

**5. Visit your** **Veterinarian**

A quick health check before a trip is always a good idea. Take your pet in for a check-up before hitting the road to ensure they have all their medications filled and vaccinations up to date. Some destinations may even require proof of vaccination. Your dog will encounter many different people, animals, and environments along the way. With a clean bill of health and proper validation, you can avoid any snafus!

Make this summer travel season one of the best for you and your floof with these tips! To get the raw scoop on raw pet food, including the products we suggest for travel, visit our [website](http://instinctpetfood.com/) today!

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**About Instinct**

Instinct® Pet Food is headquartered in St. Louis, Missouri with raw pet food manufacturing facilities in Lincoln, Nebraska. Since it was founded in 2002, their mission has been to transform the lives of pets with raw nutrition. Food is one of the most important choices pet parents can make for their pets. Unlike other pet foods that use processed, complicated ingredients, Instinct’s raw diets are made with real meat, fruit, and vegetables. Their frozen and freeze-dried raw recipes use High Pressure Processing (HPP) to ensure they are free from pathogens, meeting the highest food quality and safety standards. Instinct is the only raw pet food company in North America to achieve an “Excellent” Safe Quality Food (SQF) Food Safety rating and an SQF Quality certification, instilling a high degree of trust in their raw recipes and procedures.

Feeding raw food can have a noticeable change in a pet’s digestion, overall energy level, skin, and coat health. It can also help pets with food sensitivities and increase mealtime excitement – even from the pickiest of eaters. A healthier and happier life can start with simple changes to your pet’s diet – and The Choice is Raw™.

To learn more about Instinct, visit [instinctpetfood.com](http://www.instinctpetfood.com).