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**Mullen Group Ltd.
Announces Election of Directors and Independent Lead Director**

(Okotoks, Alberta May 2, 2019) (TSX:MTL) Mullen Group Ltd. ("Mullen Group", "We", "Our" and/or the "Corporation") announced today that the nominees listed in the Corporation's Information Circular – Proxy Statement dated March 14, 2019, were elected as directors of the Corporation at its annual general meeting held on May 1, 2019.

By resolution passed via ballot, the following seven nominees were elected as directors of the Corporation to serve until the next annual meeting of shareholders of the Corporation, or until their successors are elected or appointed. The results of the ballot were as follows:

Nominee	Votes For	% For	Votes Withheld	% Withheld
Greg Bay	81,663,507	91.69%	7,405,171	8.31%
Stephen H. Lockwood	70,691,193	79.37%	18,377,485	20.63%
Christine McGinley	88,506,831	99.37%	561,847	0.63%
David E. Mullen	80,114,861	89.95%	8,953,817	10.05%
Murray K. Mullen	82,302,145	92.40%	6,766,533	7.60%
Philip J. Scherman	88,510,711	99.37%	557,967	0.63%
Sonia Tibbatts	88,510,031	99.37%	558,647	0.63%

Independent Lead Director

The Corporation also announced today that after the annual general meeting, Ms. Sonia Tibbatts replaced Mr. Greg Bay, as Chairman of its Compensation, Nomination and Governance Committee and will act as Lead Director of its Board of Directors (the "Board"). Ms. Tibbatts is an independent director who has served on Mullen Group's Board since 2017.

About Mullen Group Ltd.

Mullen Group is a company that owns a network of independently operated businesses. The Corporation is recognized as one of the leading suppliers of trucking and logistics services in Canada and provides a wide range of specialized transportation and related services to the oil and natural gas industry in western Canada - two sectors of the economy in which Mullen Group has strong business relationships and industry leadership. The corporate office provides the capital and financial expertise, legal support, technology and systems support, shared services and strategic planning to its independent businesses.

Mullen Group is a publicly traded corporation listed on the Toronto Stock Exchange under the symbol "MTL". Additional information is available on our website at www.mullen-group.com or on SEDAR at www.sedar.com.

Contact Information

Mr. Murray K. Mullen - Chairman of the Board, Chief Executive Officer and President
Mr. P. Stephen Clark - Chief Financial Officer
Mr. Richard J. Maloney - Senior Vice President

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