

TRANSGLOBE ENERGY CORPORATION ANNOUNCES DIRECTOR/PDMR SHAREHOLDING

AIM & TSX: "TGL" & NASDAQ: "TGA"

Calgary, Alberta, September 6, 2019 - TransGlobe Energy Corporation ("TransGlobe" or the "Company") announces that it was notified on September 5, 2019 that on September 4 and September 5, 2019 David Cook acquired common shares as follows:

PDMR	Date of Acquisition	Number of Common Shares Acquired	(\$US)	Number of Common Shares held following the transaction	issued share capital
David Cook	September 4, 2019	1,731	\$1.33	67,867	0.09356%
	September 5, 2019	36,000	\$1.36	103,867	0.14318%

Notification of a Transaction pursuant to Article 19(3) of Regulation (EU) No. 596/2014

Details of PDMR

1

a)	Name	David Cook		
2	Reason for the notification			
a)	Position / status	Director		
b)	Initial notification / amendment	Initial notification		
3	Details of the issuer			
a)	Name	TransGlobe Energy Corporation		
b)	Legal Entity Identifier	549300QMNS6BDY8UUB03		
4	Details of the transaction(s)			
A. a)	Description of the financial instrument	Common Shares		
b)	Identification code	ISIN for TransGlobe Energy Corporation Ordinary Shares: CA8936621066		
c)	Nature of the transaction	Acquisition of Shares		
d)	Price(s) and volume(s)	Price (\$US) Volume		
		1.33 1,731		
e)	Aggregated information -			
	Aggregated volume -	1,731 common shares		
	Aggregated price	\$1.33 US per share		
f)	Date of the transaction	September 4, 2019		
g)	Place of the transaction	NASDAQ		

B a) Description of the financial

instrument Common Shares

Identification code ISIN for TransGlobe Energy Corporation Ordinary

Shares: CA8936621066

c) Nature of the transaction Acquisition of Shares

d) Price(s) and volume(s) Price (\$US) Volume

1.36 36,000

e) Aggregated information -

Aggregated volume - 36,000 common shares
Aggregated price \$1.36 US per share
Date of the transaction September 5, 2019

g) Place of the transaction NASDAQ

About TransGlobe

f)

b)

TransGlobe Energy Corporation is a cash-flow focused oil and gas exploration and development company whose current activities are concentrated in the Arab Republic of Egypt and Canada. TransGlobe's common shares trade on the Toronto Stock Exchange and the AIM market of the London Stock Exchange under the symbol TGL and on the NASDAQ Exchange under the symbol TGA.

For further information, please contact:

Investor Relations

Telephone: +1 403.264.9888

Email: investor.relations@trans-globe.com Web site: http://www.trans-globe.com

TransGlobe Energy Via FTI Consulting

Randy Neely, President and Chief Executive Officer

Eddie Ok, Vice President and Chief Financial Officer

Canaccord Genuity (Nomad & Joint Broker) +44 (0) 20 7523 8000

Henry Fitzgerald-O'Connor

James Asensio

GMP First Energy (Joint Broker) +44 (0) 207 448 0200

Jonathan Wright

FTI Consulting (Financial PR) +44 (0) 203 727 1000

Ben Brewerton

Genevieve Ryan transglobeenergy@fticonsulting.com