



North American Construction Group Ltd. Third Quarter Results Conference Call and Webcast Notification

ACHESON, Alberta, Oct. 10, 2019 -- North American Construction Group Ltd. ("NACG" or "the Company") (TSX:NOA.TO/NYSE:NOA) announced today that it will release its financial results for the Third Quarter ended September 30, 2019 on Tuesday, October 29, 2019 after markets close. Following the release of its financial results, NACG will hold a conference call and webcast on Wednesday October 30, 2019, at 7:00 a.m. Mountain Time (9:00 a.m. Eastern Time).

The call can be accessed by dialing:

Toll free: 1-877-291-4570

International: 1-647-788-4919

A replay will be available through November 30, 2019, by dialing:

Toll Free: 1-800-585-8367

International: 1-416-621-4642

Conference ID: 6587134

A slide deck for the webcast will be available for download the evening prior to the call and will be found on the company's website at www.nacg.ca/presentations/

The live presentation and webcast can be accessed at:

<http://event.on24.com/r.htm?e=2107656&s=1&k=C89993BC3F84D2721E8B5FB76A8AF903>

For those unable to listen live, a replay will be available using the link provided above until November 30, 2019.

About the Company

North American Construction Group Ltd. (www.nacg.ca) is one of Canada's largest providers of heavy construction and mining services. For more than 60 years, NACG has provided services to large oil, natural gas and resource companies.

For further information, please contact:

Jason Veenstra, CPA, CA

Chief Financial Officer

North American Construction Group Ltd.

Phone: (780) 948-2009

Email: jveenstra@nacg.ca